# Pathways to Family Growth

We believe God dwells in every family and that family life is sacred. The profound and the ordinary moments of daily life—mealtimes, workdays, vacations, expressions of love and intimacy, household chores, caring for a sick child or elderly parent, and even conflicts over things like how to celebrate holidays, discipline children, or spend money—all are the threads from which families can discover God and weave a pattern of family faith.

To help you discover areas for growth and to help us serve you better, please take a few minutes to complete the following statements about your family’s faith life. It will help you identify strengths and areas of growth. Use these statements to assess where you are honestly and prayerfully.

#### Rating Scale

1 = We are a beginner in this aspect of our family life and faith practice.

2 = We’re growing in this aspect of our family life and faith practice.

3 = We’re maturing and going deeper in this aspect of our family life and fait practice.

4 = We’re ready to share our faith and gifts with others.

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| 1. We eat together as a family. | 1 2 3 4 |
| 1. We engage in positive communication as a family. | 1 2 3 4 |
| 1. We have family conversations about things that are important to us. | 1 2 3 4 |
| 1. We make decisions and solve problems as a family. | 1 2 3 4 |
| 1. We treat each other with respect and dignity. | 1 2 3 4 |
| 1. We support each other: encouraging, expressing care, standing up for each other. | 1 2 3 4 |
| 1. We talk about faith as a family. | 1 2 3 4 |
| 1. We pray as a family (mealtime, bedtime). | 1 2 3 4 |
| 1. We pray as a family during times of struggle or crisis. | 1 2 3 4 |
| 1. We celebrate meaningful traditions and rituals as a family (holidays, birthdays, accomplishments). | 1 2 3 4 |
| 1. We read the Bible as a family. | 1 2 3 4 |
| 1. We use the Bible as guidance for how we should think and act as a family. | 1 2 3 4 |
| 1. We serve people in need as a family. | 1 2 3 4 |
| 1. We work to overcome injustice in our world as a family. | 1 2 3 4 |
| 1. We engage in projects to care for the environment as a family. | 1 2 3 4 |
| 1. We encourage children/teens to talk about their doubts and questions about faith. | 1 2 3 4 |
| 1. We talk about faith and our religious tradition with our children and teens. | 1 2 3 4 |
| 1. We ask about our children/teens perspectives on faith, religion, moral issues, social issues. | 1 2 3 4 |
| 1. We participate in Sunday worship as a family | 1 2 3 4 |
| 1. We participate in church activities as a family | 1 2 3 4 |
| 1. We celebrate the church year seasons at church (Advent, Christmas, Lent, Easter) | 1 2 3 4 |
| 1. We celebrate the seasons of the church year at home (Advent, Christmas, Lent, Easter) | 1 2 3 4 |
| 1. We encourage and support our children/teens to participate in church activities. | 1 2 3 4 |

**Areas Where We Need to “Get Started” as a Family**

**Areas Where We Need to “Grow” as a Family**

**Areas Where We Want to “Go Deeper” as a Family**

**Areas Where We’re Ready to Share our Faith and Gifts as a Family**